



Nursery home learning:
Week beginning
8th February (Week 5)

Our topic this term is
'People Who Help Us'

This week we are focusing
on Doctors, Nurses and
Dentists.

These activities are ideas
which you could do at home
but please do not think that
you have to complete them
all. You can also do your own
activities.

Please upload any home
learning pictures on your
child's learning journal on the
school 360 parent app!

Please use our year
group email account if
you have any questions
about the work set:

nursery.ellington@school360.co.uk

Mathematics: This week we are learning about number 3 and number 4 (see page 2 and additional PDF files for practical maths activities)

- Can you complete any of the practical number 3 and number 4 activities? Can your grown up upload it onto school 360?
- Can you find different items with number 3 and number 4 around your house?
- Can you see number 3 or 4 on any doors outside? What number house do you live at? Miss Robinson lives at number 4!
- Look at a clock, can you see number 3? Where is it on the clock? What number is it next to? (do the same with number 4)
- Do you know any shapes that have 3 sides? Do you know any shapes that have 4 sides?

Literacy: Beware of the Crocodile by Martin Jenkins and Satoshi Kitamura (Walker). See attached PDF for detailed plan.

- Monday: Explore it
- Tuesday: Illustrate it
- Wednesday: Talk about it
- Thursday: Imagine it
- Friday: Create it

Throughout the weekly plan it will ask you to complete different questions and tasks based on the extract. Please discuss questions and complete any activities.

Other Areas of Learning:

Expressive Arts and Design: (see page 3 for ideas)

- Can you create your own doctor or nurse craft? You could even make your own stethoscope!
- Can you create your own dentist craft?
- Can you create a Valentine's Day picture/card?

Communication and Language:

- Can you listen to the brush your teeth song and learn the words? You could even get your toothbrush and copy the actions https://www.youtube.com/watch?v=wCio_xVlgQQ0
- Can you make your own role play area at home to be a hospital or dentist? You could even use your toys to be the patient.

Personal, Social and Emotional Development:

- Would you like to be a doctor, a nurse or a dentist? Why? Would you feel happy because you are helping other people?
- On Sunday it is Valentine's Day. Can you talk about someone that you love in your family?

Physical Development:

- Can you show your grown up what we do in dough disco? Our favourite song in Nursery is Tina Turner- Proud Mary. We listen to the song and when it gets faster we do fast movements with our play dough (if you put in the youtube search engine 'dough disco' you will get some different ideas of the actions that we do).

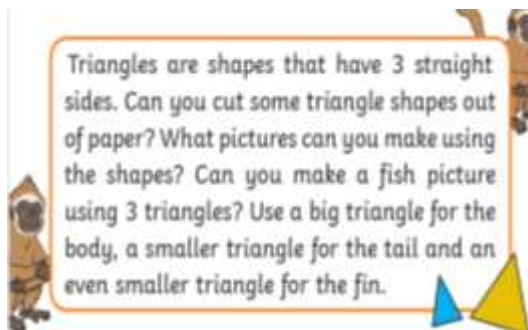
Understanding the World: (see page 4)

- What do you know about doctors, nurses and dentists? Do you know what jobs they do? Do you know anyone who works in a Dental Practice? Or a Hospital? Or a Doctor's Surgery?
- Look at the information on page 4. Can you make up your own fact file about doctors, nurses or dentists? You could do this with your grown up and draw some pictures.
- Can you have a think about and tell your grown up why it is important to have healthy teeth?

Maths practical activities for number 3:

Can you watch the numberblocks episode of number 3 and talk to your grown up about what you can see?

Number 3-
<https://www.bbc.co.uk/iplaye/r/episode/b08bzgxx/numberblocks-series-1-three>



Lots of traditional stories have sets of 3 characters in them, such as Goldilocks and the Three Bears, The Three Billy Goats Gruff and the Three Little Pigs. You could read some of these stories with a grown-up and then draw a picture of your favourite.



Make a smoothie or a fruit salad with a grown-up. Can you add 3 different types of fruit? Try making a yummy smoothie using strawberries, banana and mango or a fruit salad of apples, grapes and pears.



All about the Number 3

The number 3 can be shown in lots of different ways.



Maths practical activities for number 4:

Can you watch the numberblocks episode of number 4 and talk to your grown up about what you can see?

Number 4-
<https://www.bbc.co.uk/iplaye/r/episode/b08d61cv/numberblocks-series-1-four>

Lots of animals have 4 legs. Ask a grown-up to help you find some animal photos on the Internet or in some books. Which animal is your favourite? How many legs does it have? Draw a picture of your favourite four-legged animal. Can you number its legs?



Butterflies have 4 wings - 2 on each side. Draw or paint a picture of a butterfly. Can you use 4 different colours to decorate the wings?

All about the Number 4

The number 4 can be shown in lots of different ways.



Squares and rectangles are shapes that have 4 straight sides. Can you draw a picture of a robot using 4 squares and 4 rectangles? You could draw squares for the head, body and eyes, and rectangles for the arms and legs.



Craft Ideas:



Craft Ideas:



Craft Ideas:



Doctors and Nurses:

If you are poorly or hurt, and a doctor at your doctors surgery cannot help, you go to hospital.

In a hospital, there are lots of different doctors, nurses and other people who help the patients in different ways.



Doctors and nurses, who carry out operations, must wear special hats, masks and gloves. This is to stop germs from spreading.



Have you had an operation in hospital?

If you fall over, or hurt yourself badly, you might have broken a bone. At the hospital, an x-ray is taken to see if it is broken. If it is, sometimes a plaster cast is put on to help it to heal.



Dentists:

What Do They Do?

- Examine patient's teeth and gums.
- X-ray mouths and teeth to look for underlying problems.
- Fix or take out damaged teeth.
- Clean and sterilise equipment.
- Give dental care advice.



Visiting the Dentist

Even if you have been looking after your teeth, you should go to the dentist regularly for a check-up.

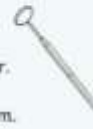
This is what a dentist's room might look like



Can you tell a friend about a trip to the dentist?

The dentist will look in your mouth and at your teeth to see if there are any problems. They might use special tools to help them, like this little mirror.

Then, if there are any problems, the dentist can help to fix them.



Brush Your Teeth

It is really important to brush your teeth at least twice a day.

Brushing your teeth gets rid of any food that is around your teeth.

It washes away any sugar and other things that can hurt your teeth.



Do you know how to brush your teeth properly?

