

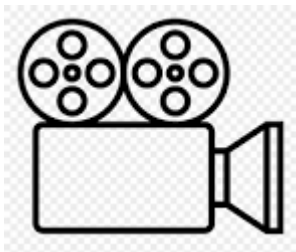
We will do everything that we can to support you. Please feel free to contact us.

Tel: 01670 860769

Government Guidance



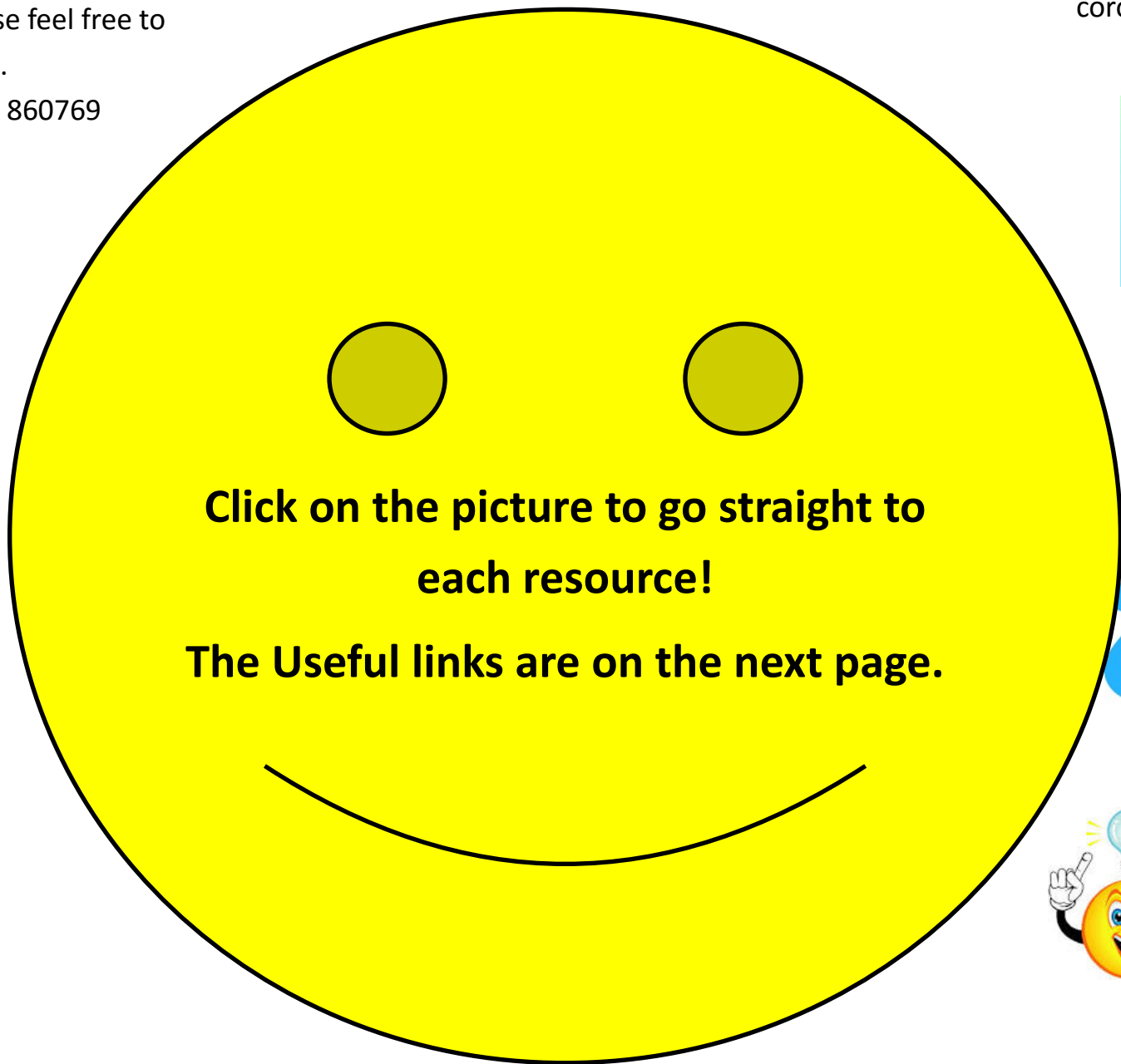
A video for older children about dealing with worries.



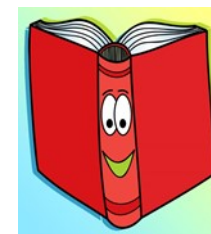
Useful links:



Mental Health and Wellbeing



A book to explain coronavirus to young children.



A book to explain coronavirus to older children.



Activity ideas to promote wellbeing at home.



Useful links:

- [Information from Northumberland County council. Coronavirus: Supporting Children and Young People](#)
- [NHS advice for looking after children during the coronavirus outbreak](#)
- [Anna Freud National Centre for Children and Families: Covid-19 Support](#)
- [British Psychological Society: Responding to Coronavirus, resources and support](#)
- [Child Bereavement Network](#)